



Tucson Center For
Spiritual Living
...partnering with possibility
A member of the United Centers for Spiritual Living

Business Directory

Accounting, Finance, Insurance, Notary, and Other Business Services

Antonio Flamenco

Dun & Bradstreet
Tucson AZ 85719
584-2944
E-mail: flamenco@@dnb.com
Website: www.dnb.com

Establish your business credit. Are you using your personal credit to grow your business? Learn how to utilize commercial credit and gain access to bigger loans, better insurance rates, and more business for your small or mid-sized business.

Sylvia L. Matteson

Financial Freedom Associates, LLC
2531 E. Richards Place
Tucson, AZ 85716
325-0769
Fax: 888-886-1770
E-mail: financialfreedom@cox.net
Website: www.ffafeeonly.com

Ann Hill

Medicare Health Benefits
7819 S. Orchid Vine Pl.
Tucson, AZ 85747
207-1856
Fax: 207-1856
annhillmt@cox.net

Need help understanding Medicare? Want to know which plan is best for you?? There are lots of changes every year. Let me help. I am an independent insurance broker who specializes in Medicare Health Insurance.

Architecture and Design

NONE

Art and Jewelry NONE

Computers and Technical Assistance

Bill Nelson

Affordable Computer Repair
2509 N. Campbell Ave. #170
Tucson, AZ 85719
299-2122
E-mail: billnelson2455@hotmail.com
Reliable, affordable computer repair.

Cooking and Kitchen

Marjorie L. Moody

TPP Margie & Co.
12096 N. Jarren Canyon Way
Oro Valley AZ 85755
544-8188
Fax
E-mail: tppmargie@mac.com

Margie's Cosmic Kitchen is offering lectures, cooking classes on Healthy Gourmet Cooking from one on one to groups of all sizes. TPP means The Perfect Power, Margie & Co for 20 years in business offering natural healing body, mind, spirit work including massage, therapy, herbs, dowsing, color & sound, classes and group meditation on a monthly basis.

Dance

Melodee Stumpf LMT

Wellness Within
414-412-3830
E-mail: melodeeann@comcast.net

Healing arts for well being and transformation.
Massage therapy, Licensed massage therapist since 1985
craniosacral therapy, Hypnosis, Sacred Dance, Guided imagery
Group facilitation

Divinity and Spirituality

Melodee Stumpf LMT

Wellness Within
414-412-3830
E-mail: melodeeann@comcast.net

Licensed massage therapist since 1985. Healing arts for well being and transformation.
Massage therapy, craniosacral therapy, Hypnosis, Sacred Dance, Guided imagery, Group facilitation

Education, Tutoring, and Coaching

Michael Prater

Arizona School for Acupuncture & Oriental Medicine (ASAOM)

4646 E. Fort Lowell

Tucson, AZ 85712

795-0787

FAX: 795-1481

E-mail: president@asaom.edu

Website: www.asaom.edu

Two Fold: 1) School for acupuncture & Oriental medicine.

2) School Acupuncture (Traditional Chinese Medicine ~ TCM) Clinic for acupuncture, Tuina (Asian body work), Chinese herbs – Very Affordable

Engineering, Environmental Services, and Instrumentation

NONE

Group Facilitation, Mediation, and Conflict Management

NONE

Garden, Landscaping, Gardening Supplies, and Plants

NONE

Health, Nutrition, Fitness, Beauty, and Medical

Martha Vollenweider

Relief with Acupuncture

721-9803

FAX: Same number (call ahead)

Acupuncture treats dis-ease on all levels – physical, emotional and spiritual.

I would love to share its effectiveness with you.

Ray Stith

Addiction Recovery Center of Tucson

P.O. Box 26723

Tucson, AZ 85726

Services 829-4514

Recorded Message 300-4388

Consultation (\$50) One hour for the addict or someone close to explore addiction/s and options for pursuing sobriety and recovery.

Intervention (\$200) Consultation, planning, intervention by family, friend, others, to convince the addict to accept help.

Referral (Free) To detoxification, treatment, 12-step programs and/or counseling. (NO TREATMENT OR THERAPY)

Jean Hardesty-Prater M.AC.,O.M., L.AC

Business not in Tucson yet.

757-620-0690

E-mail: jeansattention@yahoo.com

Website: www.healingwithstillpoint.com

Acupuncturist, Chinese Medical Practitioner, Matrix Energy Work, life counseling, always coming from a Spiritual perspective and always holding the light and sacred space for others to find well-ness and balance in all aspects of their lives.

Michael Prater

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Keith Gorley

Vibrant Living Solutions

820-1532

E-mail: vibrantlivingsolutions@gmail.com

Website: www.ifeelgreat411.com

Vibrant Living Solutions “taking wellness to the world” through liquid nutritional products that deliver safety, quality, effectiveness and value.

Michael J. Hoynes RHSO, RSO

Joining Forces for Positive Living

777-5264

FAX: 330-836-5846

E-mail: mhoynes@wellnesshomedoctor.com

Website: www.nikken.com/mhoynes

www.lifewave.com/mhoynes

www.aranaqua.com/mhoynes

www.michaelhoynes.rovia.biz

A source of health and wellness products that allow the body to heal itself. Technologies include Sun Energy, Earth Energy, Organic Nutritionals, Products to reverse Diabetic Neuropathy, Bone Density Loss, Hyper activity, Hydration, Environmental Issues, Cardiac Rehab, Increase metabolic rate, Sleep quality, General discomfort

Carol Swenson L.E., C.M.T.

Holistic & Energetic Skin Care

Out-Call, Tucson AZ

327-1239

E-mail: cswen1@aol.com

Allow me to bring 12 years of esthetics to your home or women’s event.

I specialize in Dr. Schrammek’s Herbal Green Peel and custom facials as well. Thank You.

Sam S. Prouty

Sam's Studio

444-6332

Fax: 760-3323

E-mail: samdave@earthlink.net

Sam's Studio, located on Tanque Verde and Catalina Highway, is a fully equipped GYROTONIC® exercise method studio, offering group, private, and duet lessons.

Home (Includes handyman and home fix-it services, homebuilders, home furnishings, home and pet-sitting, home trading, concrete, and window coverings)

Phyllis Kasterkoff

Hands of Panzee

822-7269

E-mail: panzeetunes@yahoo.com

Website: www.bign.com/pkasterkoff

Need Help?? I clean, do small repairs such as change electrical sockets, paint, also pet sit and/or house sit, and gardening.

Sherrie Fredricksen

9070 E. Kayenta Dr.

Tucson, AZ..85749

749-9083

E-mail: aznuts@msn.com

Home and Pet Sitting

Legal**Sarah L. Wright**

Wright & Yonan PLLC

1050 E. River Rd. Suite 202

512 -5444

Fax: 844 - 8113

E-mail: swright@wrightazlaw.com

Website: www.wrightazlaw.com

Wright & Yonan PLLC is a boutique law firm providing a variety of legal services to its clients. Sara L. Wright is a trained mediator who specializes in family law mediation and collaborative divorce. For more information, please visit our website.

Lodging

Karen King

Horizon Property Management d.b.a. Horizon Vacation Rentals
909-9540
Fax: Scan or Print to Paperport and send by e-mail
Website: <http://www.horizonvacationrentals.com>

I feature furnished homes in SE and NE Tucson available for weekly and monthly rental year round. Planning a reunion of friends or relatives and want to avoid the expense and formality of them staying in a hotel? My furnished homes are attractive, economical, and comfortable. OR, would you like to rent your furnished home? Horizon Vacation Rentals serves as both a booking/management/staging agency for furnished homes in Tucson and a booking agency for vacation rentals anywhere in the United States.

Marketing, Public Relations

Carol Swenson

Globalpreneurs
Tucson AZ
327-1239
E-mail: cswen1@aol.com
Website: www.globalpreneurs.com/carol

Globalpreneurs is an Internet system to help you maximize your business growth. Services compared to Webinar – Globalpreneurs is \$30 a month, Webinar is \$99 a month. Use it for personal video – E-mail & and much more. Thank You.

Massage Therapy

Marjorie L. Moody

TPP Margie & Co.
12096 N. Jarren Canyon Way
Oro Valley AZ 85755
544-8188
E-mail: tppmargie@mac.com

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Group facilitation

Carol Swenson L.M.T.

Holistic & Energetic Massage Therapy
Out-Call, Tucson AZ

327-1239

E-mail: cswen1@aol.com

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Music**David P. Dalton**

Studio Chiaroscuro
2600 West Ina Rd.
Tucson AZ 85741
609-3754

Studio Chiaroscuro is a music recording studio with excellent condenser and dynamic microphones, an Apogee Duet A/D interface connecting with a Mac Book Pro. Software available for live and midi recording include Logic Studio 8, Garage Band 08, and Finale 2008. This studio has excellent guitars, keyboards and drums available also. The Chiaroscuro environment is excellent for classical singers and Chamber Music musicians.

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Group facilitation

David Prouty

Tucson Tune
9040 E. Bears Path
Tucson, AZ, 85749
444-6483
Fax: 760-3323
E-mail: pianomania@earthlink.net

Piano and Vocal performance for private functions.
Piano tuning and repair.

Photography

Kevin Anderson

Kevin Anderson Photography
6890 E. Sunrise Dr. #120-355
904-2511
E-mail: kdap@aol.com
Website: www.kevinandersonphotography.com

Story telling photography for families, individuals, and business.
Still photography and multi-media.

Bill Nelson

B. Harris Video
299-2122
E-mail: bharrisvideo@yahoo.com

Video production services for lectures, workshops, weddings, special events and instructional videos.

Publishing and Editing

NONE

Real Estate

Pat Shepard

HomeWay Realty, Pat Shepard, Realtor, ABR, GRI, ePRO
906-7288
Fax: 838-8706
E-mail: pat@patshepardtucson.com
Website: www.patshepardtucson.com

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Visit my website for general information on investing in or selling real estate, or call me for a free consultation. I specialize in providing exceptional service for special people!

JAY TARANTINO

fred seger & associates
909-4207
Fax: 885-0066
E-mail: JayTarantino@cox.net

- Residential
- Short Sale Experts
- Income Property Specialists
- Commercial

Research

NONE

Retail

NONE

World Wide Web, Multimedia, and Internet Access

NONE

Writing and Editing Services

NONE

Yoga, Reiki, Laho-Chi

NONE
